

STUDENT DRUG AND ALCOHOL POLICY

Division: Campus Safety & Security

Policy Statement

Terra State Community College (TSCC) Drug Free Schools and Communities Act Policies and Procedures documents and describes the requirements of the 1989 amendments to the Drug Free Schools and Communities Act (DFSCA) as articulated in the Education Department General Administrative Guidelines (EDGAR) Part 86. Part 86 pertains to drug and alcohol prevention.

The unlawful possession, manufacture, use, or distribution of illicit drugs and alcohol by all students and employees is prohibited on school premises or as part of any of its activities.

Policy Details

This Act and the U.S. Department of Education's supporting regulations require that institutions of higher learning adopt and implement programs. The regulations in the Drug and Alcohol Prevention Program (DAAPP) contain specific recommendations for the content of a written notification and specify the items that the annual notification to students and employees must comprise. As a requirement of these regulations, Terra State Community College is to disseminate and ensure receipt of this policy/information to all students, staff, and faculty on an annual basis. This process is formally conducted by the Director of Campus Safety & Security emailing the DAAPP to all students, staff & faculty each spring, summer and fall semesters. Questions concerning this policy and/or alcohol and other drug programs, interventions and policies may be directed to the Director of Campus Safety & Security at (419) 559-2253.

The President of the College has overall responsibility for the implementation and administration of this policy and has delegated its overall management to the Director of Campus Safety & Security. In addition, the President or his/her designee will generate a review of the institution's alcohol and other drug policy and program as required by law. Terra State Community College is a community of learning with our mission to offer quality, professional, focused, learning-centered, undergraduate degree programs and life-long learning opportunities to prepare traditional college and adult students for successful careers and for productive and satisfying lives of excellence, leadership, and service.

The College represents a new kind of institution in America, the professional College, where the career objectives of traditional college age students and adult students are optimized through professionally focused undergraduate and certificate programs that have a broad general educational foundation.

All Terra State Community College students must abide by this statement: the unlawful manufacture, distribution, dispensing, possession or use of a controlled substance is prohibited in or at Terra State Community College.

Procedures

- Terra State Community College reserves the right to warn, reprimand, suspend or dismiss any student who
 violates the college conduct and discipline policy or the law. The College's response will depend on the
 severity of the offense, number of previous offenses and extenuating circumstances. For students, all
 college judicial and appeals procedures will be followed except in rare cases when the possibility of
 imminent danger exists. This action may include the filing of criminal charges and may include dismissal
 from the College. Please see the Terra State Community College Student Code of conduct at <u>Student Code
 of Conduct.</u>
- 2. The College will abide by all Federal and State laws, which include the following:

Ohio law prohibits illicit selling, cultivating, manufacturing or otherwise trafficking in controlled substances, including cocaine, heroin, amphetamines and marijuana; knowingly or recklessly furnishing them to a minor; and administering them to any person by force, threat or deception with the intent to cause serious harm or if serious harm results. These offenses are felonies.

The law also prohibits knowingly obtaining, possessing or using a controlled substance and permitting drug abuse on one's premises or in one's vehicle. These offenses may be either felonies or misdemeanors. The law further prohibits obtaining, possessing or using hypodermics for unlawful administration of drugs, and the sale to juveniles of paraphernalia for use with marijuana. These offenses are misdemeanors.

A felony conviction may lead to imprisonment or imprisonment and fine. The maximum prison term is 25 years. A misdemeanor conviction may lead to imprisonment for up to six months and/or a fine of up to \$1,000.

With regard to beer and intoxicating liquor, Ohio law provides that a person under 21 years of age who orders, pays for, attempts to purchase, possesses or consumes beer or liquor or furnishes false information in order to affect a purchase commits a misdemeanor.

Ohio law prohibits the possession of beer or liquor which was not lawfully purchased, and a court may order that any place where beer or liquor is unlawfully sold not be occupied for one year, or that the owner or occupant of the premises be required to furnish a surety bond of \$1,000 to \$5,000.

Federal law forbids the illegal possession of, or any trafficking in, controlled substances. A person convicted for the first time of possessing a controlled substance, other than crack cocaine, may be sentenced to up to one year in prison and fined between \$1,000 and \$100,000. A second conviction carries a prison term of up to two years and a fine of up to \$250,000. Subsequent convictions carry prison terms of up to three years and fines of up to \$250,000.

Imprisonment for five to 20 years and fines of up to \$250,000 apply to persons possessing more than five grams of crack cocaine on the first conviction, three grams on the second and one gram on subsequent convictions. In addition, a person convicted of possessing a controlled substance may be punished by forfeiture of property used to possess or facilitate possession if the offense is punishable by more than one year in prison; forfeiture of any conveyance used to transport or conceal a controlled substance; denial of federal benefits, such as student loans, for up to five years; ineligibility to receive or purchase a firearm; and a civil penalty of up to \$10,000.

- 3. While the College holds all students accountable in terms of substance abuse, it also supports getting help for students who voluntarily come forward for help. Students who come forward voluntarily to identify that they have a substance problem will receive college support and assistance as available or referrals to appropriate community resources.
- 4. If a student is convicted of a criminal drug violation, the student must notify Dean of Student Success at 419-559-2416. Law requires the College, within 30 days of such notification, to:
- Take appropriate action against such student, up to and including dismissal; or
- Require such student to participate satisfactorily in a drug abuse assistance or rehabilitation program approved for such purpose by a federal, state or local health, law enforcement or other appropriate agency.
- Terra State Community College reserves the right to warn, reprimand, suspend or dismiss any student or
 employee who violates the college conduct and discipline policy or the law. The college's response will
 depend on the severity of the offense, number of previous offenses and extenuating circumstances. For
 students, all college judicial and appeals procedures will be followed except in rare cases when the
 possibility of imminent danger exists.
- The student may additionally be referred to an alcohol/drug counseling or treatment facility.
- 5. Terra State Community College provides a list of community resources in the Drug and Alcohol Abuse Prevention Program (DAAPP), College catalog and provides referrals to those agencies. The College provides information on preventing drug and alcohol abuse. The current DAAPP can be found at Drug and Alcohol Abuse Prevention Program
- 6. Terra State Community College distributes its Drug and Alcohol Abuse and Prevention Program electronically to all students through the official college email system on October 1'st of each year.
- 7. The College will review the Drug and Alcohol Abuse Prevention Program to determine effectiveness on a biennial basis and will make necessary changes and ensure that disciplinary sanctions are enforced. The review will be completed by the Director of Campus Safety & Security or a designee.

Resources

Health Risks of Alcohol and Other Drugs

Alcohol is the most abused drug in society as well as on college campuses. Alcohol is directly involved in many injuries, assaults and the majority of deaths in people under age 25.

Other commonly abused illegal drugs include marijuana, cocaine, stimulants, hallucinogens, depressants, narcotics, steroids and inhalants. Legal drugs such as caffeine, nicotine, over-the-counter and prescription drugs also have wide use and associated risks.

Health risks of using alcohol or other drugs include both physical and psychological effects. The health consequences depend on the frequency, duration and intensity of use. For all drugs, there is a risk of overdose. Overdose can result in coma, convulsions, psychosis or death. In addition, combinations of certain drugs, such as alcohol and barbiturates, can be lethal. Finally, the purity and strength of doses of illegal drugs are uncertain.

From the National Institute on Alcohol Abuse and Alcoholism (<u>www.niaaa.nih.gov</u>): Alcohol's Effects on the Body

Brain:

Alcohol interferes with the brain's communication pathways, and can affect the way the brain looks and works. These disruptions can change mood and behavior, and make it harder to think clearly and move with coordination.

Heart:

Drinking a lot over a long time or too much on a single occasion can damage the heart, causing problems including: Cardiomyopathy - Stretching and drooping of heart muscle, Arrhythmias - Irregular heartbeat, Stroke, High blood pressure

Liver:

Heavy drinking takes a toll on the liver, and can lead to a variety of problems and liver inflammations including: Steatosis, or fatty liver, Alcoholic hepatitis, Fibrosis, Cirrhosis

Pancreas:

Alcohol causes the pancreas to produce toxic substances that can eventually lead to pancreatitis, a dangerous inflammation and swelling of the blood vessels in the pancreas that prevents proper digestion.

Cancer:

Drinking too much alcohol can increase your risk of developing certain cancers, including cancers of the: Mouth, Esophagus, Throat, Liver, Breast

Immune System:

Drinking too much can weaken your immune system, making your body a much easier target for disease. Chronic drinkers are more liable to contract diseases like pneumonia and tuberculosis than people who do not drink too much. Drinking a lot on a single occasion slows your body's ability to ward off infections - even up to 24 hours after getting drunk.

Retrieved: June 21, 2017 from https://www.niaaa.nih.gov/alcohol-health/alcohols-effects-body

Continued use of substances can lead to tolerance (requiring more and more of a drug to get the same effect), dependence (physical or psychological need) or withdrawal (painful, difficult and dangerous symptoms when stopping the use of drugs). Long-term chronic use of drugs can lead to malnutrition, organic damage to the body, and psychological problems. The risk of AIDS and other diseases increases if drugs are injected. The consumption of alcohol or drugs by pregnant women may cause abnormalities, such as Fetal Alcohol Syndrome (the third leading cause of birth defects) in babies.

For a full description of health risks associated with alcohol and drugs, National Institute on Drug Abuse. www.drugabuse.gov

Risk Factors for Drug and/or Alcohol Use

A number of factors put people at risk for drug abuse. Several of the higher risk factors are:

- Family history of alcoholism or drug abuse
- Inadequate interpersonal skills
- Favorable attitudes toward drug use
- Friends who use drugs
- Low self-esteem or self-worth
- College student between 18-25 years old
- Academic failure
- Depression
- Poor coping skills

Self-Assessments:

Alcohol: Am I using it, or is it using me?

- Do you drink to make yourself feel better if you're having a hard time at work or at home?
- Has your drinking increased in the last two years, year, six months?
- Are you annoyed or defensive if anyone mentions your drinking?
- Have you ever tried to limit your drinking by drinking only at a certain time of day or on certain days of the week?
- Do you start drinking sooner, and stop drinking later, then most of your friends?
- Have you had a morning drink in the past year?
- Has your drinking ever caused you problems at home or at work?
- Do you ever feel guilty or regretful about how you've behaved when you're drinking?
- Have you ever had a memory lapse after an evening of drinking?
- Do you secretly worry that drinking is damaging your life?

If you answered "yes" to two or more questions, there is a good chance that you may be heading for a dangerous drinking problem-if you don't already have one. Only you know the truth about your own drinking.

Are you experiencing co-dependency (a family illness)?

- Do you lose sleep because of a problem user?
- Does your attitude change toward the problem user (alternating between love and hate)?
- Do you mark, hide, dilute and/or empty bottles of liquor or other substances?
- Do you think that everything would be OK if only the problem user would stop or control the use?
- Do you feel alone, fearful, anxious, angry and frustrated most of the time?
- Are you beginning to dislike yourself and wonder about your sanity?
- Do you feel responsible and guilty about the chemical problem?
- Have you taken over many chores and duties that you would normally expect the problem user to assume or that were formerly his or hers?
- Do you feel utterly defeated, that nothing you can say or do will influence the problem user?
- Do you believe that he or she cannot get better?

If you answered "yes" to any three of these questions, chemical dependency exists in the family and is producing negative changes in you.

Free Online Self-Assessment

• Terra State students, faculty and staff have access to an online self-assessment through ULifeline: http://www.ulifeline.org/TSCC/self evaluator..

Drug and Alcohol-Related Campus Sanctions

Terra State Community College reserves the right to warn, reprimand, suspend or dismiss any student or employee who violates the college conduct and discipline policy or the law. The college's response will depend on the severity of the offense, number of previous offenses and extenuating circumstances. For students, all college judicial and appeals procedures will be followed except in rare cases when the possibility of imminent danger exists. For employees, due process will be followed.

The student may additionally be referred to an alcohol/drug counseling or treatment facility.

Community Resources

24/7 CRISIS HOTLINE: 1-800-826-1306

24/7 CRISIS TEXT LINE: Text 4hope to 741741

Last Update 4/3/2023 6:00AM

Treatment and Recovery Support Resources Seneca, Sandusky and Wyandot Counties

RESOURCE	ort Resources Seneca, Sandusky and Wyandot SERVICES OFFERED	PHONE NUMBER
RESOURCE	SERVICES OFFERED	PHONE NOWIBER
Christian Counseling Center	Mental Health Counseling	419-447-8111
Community Health Services	Behavioral Health Services	419-334-3869
Corporate Anointing Ministries (CAM)	Alcohol and Drugs Recovery Housing - Male and Female	419-333-0733
FACTOR	Addiction Support Group for Individuals, Families and Friends	419-294-8740
Families Recover Too	Support Group for Families and Friends Affected by Addictions	419-262-2436
Family and Children First Council - Sandusky	Wrap-around - Family Services	419-332-9571
Family and Children First Council - Seneca	Wrap-around - Family Services, SMYL - Youth Mentoring Program	419-443-0981
Family and Children First Council - Wyandot	Wrap-around - Family Services, Way - Youth Mentoring Program	419-294-6438
Firelands Counseling and Recovery Services - Fostoria	Mental Health and Alcohol and Other Drugs and Crisis	419-435-0204
Firelands Counseling and Recovery Services - Fremont	Mental Health and Alcohol and Other Drugs and Crisis	419-332-5524
Firelands Counseling and Recovery Services - Tiffin	Mental Health and Alcohol and Other Drugs and Crisis	419-448-9440
Firelands Counseling and Recovery Services - Upper Sandusky	Mental Health and Alcohol and Other Drugs and Crisis	419-294-4388
Lorain County Alcohol and Drug Abuse Services	Women's Residential Program for Alcohol and Other Drugs	440-282-4777
Liberty Center of Sandusky County	Homeless Shelter Offering Behavioral Health Treatment	419-332-8777
Life Enhancement Services of Ohio	Behavioral Health Services - Outpatient Treatment	419-552-1882

Lutheran Social Services of Northwestern Ohio	Mental Health and Chemical Dependence Counseling Services	419-334-3431
NAMI of Seneca, Sandusky and Wyandot Counties	Mental Health Family Support, Education and Advocacy	419-334-8021
New Housing Ohio, Inc. (The Cottage)	Alcohol and Drug Recovery Housing - Male	567-245-5150
New Housing Ohio, Inc.	Mental Health Housing - Male and Female	567-245-3744
New Transitions Counseling	Behavioral Health Services - Outpatient Treatment	419-448-4094
Oriana House, Inc.	Recovery Support Coach and Medication Assisted Treatment	419-447-1444
Peer Recovery Support Group	Peer Mental Health and Alcohol and Drug Recovery Support	419-448-0640
Peer to Peer Recovery	Support Group for Individuals from Mental Health or Addictions	419-552-0118
ProMedica Physicians Behavioral Health - Fremont	Behavioral Health Services	419-333-2785
Rigel Recovery Services	Opiate Specific Outpatient Treatment Services	567-220-7018
Road to Hope Project	Addiction Support Program 1-Year, Faith-Based Program - Male	419-455-5616
RU Recovery Program (Reformers Unanimous)	Addiction Support Group (Christ-Centered)	419-547-8251
Sandusky County Re-Entry	Employment Support for Sandusky County	567-201-2206
Suicide Prevention Coalition	Education and Support for the Prevention of Suicide	419-448-0640
Summit Psychological Associates, Inc.	Behavioral Health Services - Outpatient Treatment	800-967-3327
TASC - Sandusky County	Drug Testing and 12-Step Support Program	419-334-4644
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Tiffin Community Health Center	Behavioral Health Services, Federally Qualified Health Center	419-455-8140
Upper Sandusky Counseling & Life Coaching	Wellness, Life Coaching and Counseling	419-294-5795
Wyandot Counseling Associates	Behavioral Health Services - Outpatient Treatment	419-294-1212

Treatment and Recovery Support Resources Seneca, Sandusky and Wyandot Counties

Resource	Service Area	Information, Website and/or Services Provided
4CRFour County Recovery Huron, Erie, Sandusky and Seneca Counties 419-577-4331	Bellevue Norwalk	Huron, Erie, Sandusky and Seneca Counties. Four County Recovery is a new non-profit group committed to assisting those struggling with addiction and their families. Bellevue Meetings for Addicts and Recovered Addicts, City Council Chambers, 3000 Seneca Industrial Parkway, Bellevue: Monday-10:00 a.m.; Tuesday-6:00 p.m.; Wednesday 10:00 a.m.; Thursday-6:00 p.m.; Sunday-11:00 a.m. (group yoga session). Bellevue Meeting for Family and Loved Ones, Bellevue Public Library, 224 East Main Street, Bellevue: Saturday-11:00 a.m. (biweekly). Norwalk Meetings for Addicts and Recovered Addicts, Norwalk Recreational Center, 100 Republic Street, Norwalk: Contact Rory McClain at 614-907-1030.
Al-Anon	Ohio	http://www.ohioal-anon.org/
Alcoholics Anonymous	NW Ohio	www.area55aa.org
Alcoholics Anonymous	North Central Ohio	www.ncoa-aa.org
Narcotics Anonymous	Ohio Region	http://bmlt.naohio.org/
Celebrate Recovery	Fremont	Celebrate Recovery is a biblically balanced program that helps overcome hurts, habits, and hang-ups. Grace Community Church, 900 Smith Road, Fremont: Wednesday-6:30 p.m. in "The Block", Childcare provided.
FACTOR 419-294-8740	Tiffin	Support group for individuals in recovery, families and friends affected by addictions. A Little Faith Ministries, 230 S. Washington Street, Tiffin: Monday 7:00-8:30 p.m.
Fight for Recovery	Clyde	Families dealing with addictions: focus to bridge the gap between families and the mind of an addict. Also offering support group for individuals in recovery. Young People's Recovery Meeting, Clyde City Building Basement, 222 Main Street, Clyde: Friday-7:00 p.m. Opiate Addiction Support Group

419-603-		for family members and loved ones, Clyde City Building Basement, 222
8963		Main Street, Clyde: Tuesday-7:30 p.m.
Families Recover Too	Woodville	Support group for families and friends affected by addictions. Solomon Lutheran Church, 305 W. Main Street, Woodville: Thursday-7:30 p.m.
419-262-2436		
Family Matters	Fremont	The Family Matters Education Program provides encouragement and support to family members and friends of those affected by addiction. Positive family involvement can assist in continued sobriety. Oriana House
567-280-4023		Family Matters, 101-103 S. Front Street, Fremont: Wednesday 6:00-8:00 p.m
Family Matters 567-220-7018	Tiffin	The Family Matters Education Program provides encouragement and support to family members and friends of those affected by addiction. Positive family involvement can assist in continued sobriety. Oriana House Family Matters, 65 St. Francis Avenue, Tiffin: Thursday 6:00-8:00 p.m.
Life Coaching 419-294-5795	Upper Sandusky	An educational support group for families and loved ones of someone suffering from addiction. Call to register.
Peer to Peer Recovery 419-552-0118	Fremont	Support group for individuals in recovery from addictions. Corporate Anointing Ministries (CAM), 604 W. State Street, Fremont: First Saturday of the month at 9:00 a.m.
Recovery Coach 567-280-4023	Fremont Tiffin	For Sandusky and Seneca County residents. A personal guide and mentor for people seeking or already in recovery. This program promotes recovery by removing barriers and obstacles. Oriana House, 101 S. Front Street, Fremont and Oriana House, 65 St. Francis Avenue, Tiffin.
Road to Hope Project 419-455-5616	Tiffin	Family members and friends support group. 3484 S Township Road 151, Tiffin. Meetings are 3rd Thursday of each month. 7:00-9:00 p.m.
RU Recovery Program 419-547-8251	Clyde	Christ-center addiction support group. Kidz Club. Harvest Baptist Temple, 1022 S. Main Street, Clyde: Meets every Friday at 7:00 p.m.

For specific service information, please call Mental Health and Recovery Services Board of Seneca, Sandusky and Wyandot Counties: **419-448-0640** or visit www.mhrsbssw.org.

Compiled by: Mental Health & Addiction Services of Ohio

Approval History

Date	Policy/Procedure	Notes (Types of Actions)	**Approved by
	or Entire Document		

11/17/04	Effective		
7/17/17	Revised		
2/27/23	Policy and Procedure	Updated and Revised	Acacia Hull
4/10/2023	Policy and Procedure	Approval	Dr. Ron Schumacher, President
1/3/2024	Reviewed	No updates needed	Acacia Hull

^{**}Full name of CASA Committee Chair, signatory, or designee

Effective Date: 4/05/2023 Next Review Date: 2-27-25